



Figure 4: Trial - 2(Jody)



Figure 5: Trial-3(Hruaitluanga)

**Laboratory Test Result:**

Nauchawtha hi Feed Analysis Laboratory, Department of Animal and Husbandry ah test tirani a, a hnuai a mi hi a result ani

*Analysis Result of Feed Sample:*

- DM% - 91.32 (Dry Matter)

---- *Phek: 4-na*

- CP% - 9.1 (Crude Protein)
- EE% - 5.05 (Ether Extract)
- CF% - 3.2 (Crude Fiber)
- Total Ash% - 1.37
- Nitrogen free extract% - 81.28
- Carbohydrates - 84.48

**Result and Recommendation**

**(Result lehratbelhna):**

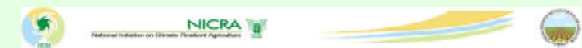
He Nauchawtha (Nutritious Weaning Food) hi Loneitu ten anmahni a siam an duh anihpawh in chhungkua in an tlindantawkzel a siamdanglamtheihani a, chhungkawharsazawkBadamleinaneilo tan pawhBadamtel lo pawh in a siamtheihthoani. Reitak dah that tur a siamteuhaichuaneichawpturtawk/a tharlamtheiangberzel a nauteeitur a siam hi a thabertzawkani.

Nauchawturkansiamrengreng in thianghlimna hi kanrilu ah kan dah hmasaber thin tur a ni. A chung a kansawichauh lo pawh hi nauchawsiamdan dang tam tak a awmbawk a, pawimawhberchunauteduhzawnga her rem thiam hi a ni. Tin, Kumkhat an tlinmachuchinileh chi hi pek tam lohtur a ni.

**Krishi Vigyan Kendra  
Serchhip District**  
N. Vanlaiphai - 796181  
kvkserchhip@gmail.com

**NAUCHAW THA**

**(NUTRITIOUS WEANING FOOD):**



**LEAFLET NO. 16/2016/KVK (NVLP)**

Compiled by :-

- K.Laltlanmawia, Senior Scientist and Head
- K.Lalmalsawmi, Scientist(HomeSciencw)

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## NAU CHAW THA

### (NUTRITIOUS WEANING FOOD)

#### Enge Weaning food (Nauchaw) chu?

Nau chaw (Weaning Food) kan tih chu Naute a lo pianin Thla 6 bawr vel a rawn kai chhoh chuan Nu hnute/ Formula (Siam chawp hnute) ringawt hian Naute mamawh a phuh ruk zo tawhlo a, an taksa mamawh chawtha hmu turin chaw pangai pek a hun tawh thin a, naute in chaw pangai (Solid) a ei nghal theih loh avangin a kaw (Semi Solid) a pek a ngai thin a ni. Heng naute chaw te hi chi hrang hrang in a siam theih a, kan chaw ei pangai rawt kaw sak mai pawh a paw lo. Amaherawhchu naute an rawn len deuh hnu chuan buhfai chhum rawt kaw ringawt chu naute tan pawh ei reng theih a lo nilo fo thin baw a, churang in nau chaw pawh chi hrang hrang a siam a lo ngai ta thin a ni.

Thingtlang / Zokhua a awmte harsatna leh nau chaw tha hmuh mai a harsatna te, Nau chaw siam sa hoin a thlen phak loh hmuh leh Nausen chaw tha hmu phak lo te tawrhna hre rengin he nau chaw tha hi Kum 2010-2011 atang khan KVK, Serchhip District chuan Naupang thlan bikte hmangin enchhinna a lo neitawh a, chaw tha a pai zat te hriat anih theih nan Laboratory ah test tir a ni tawh baw a, a hlawhtlinna mit ngei a hmuh anih hnuah KVK, Serchhip District chuan Kuthnathawktu te hnenah man tlawm zawk a hralh chhuah turin a siam ta a ni. Nau chaw Siam dan leh a chanchin kim chang chu hetiang hi ani.



---- Phok: 1-na

## Figure 1: Nauchawtha (Weaning Food)

Source of technology:

Food and Nutrition Board, Government of India.

### Packages and Practices:

#### Ingredients (A pawlhthe):

Buhfai	-	100g
Dal	-	30g
Badam	-	20g
Chini	-	50g

#### A siam Dan:

1. Buhfai, Dal leh Badam te chu tel (oil) tel loin kangrothap la
2. A hrang theuh a her dip hnuah, chini hersawmsa nen chuan chawh pawlh tur a ni.
3. Burfai, rolehthianghlim, Boruak luh theih lohna ah rei tak chhung a dah that theih .
4. Nauchaw kan siam dawnin Thirfian 2 emaw naute in a mamawh tam dan a zirin tui/Bawnghnute nen 15 mins vel chhum tur a ni.

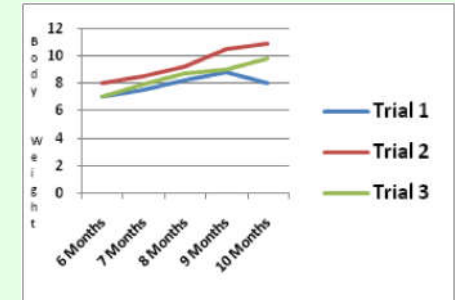


---- Phok: 2-na

## Parameters (Tehna) :

Naupang than chhoh Dan leh bukrih dan.

Nausen te chu thla ruk an nih atangin nau chawtha hi pektir tan an ni a, heng naupangte hi thla tin an san zawng leh an bukrih dan lak a ni a heng an than chhoh dan hi tehna a tan hman thin a ni. Naupang 3 ah hlawhtling taka enchhin a ni. A hnuai ah hian Line graph hmangin an than dan leh an thlalak te lantir a ni.



Body Weight chart



Figure 3: Trial-1 (Marina)

---- Phok: 3-na